

## Four competing in regional girl's powerlifting meet

Written by By Betsy Blevins, Managing Editor

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Feb. 24, 2011 - As expected, the Lady Tiger powerlifting team will have a strong representation this weekend at the girl's regional powerlifting meet, scheduled for Saturday at Leonard High School. Seniors Cadi Grantland and Latiesha Buckley, junior April Jones and freshman Rebekah Feagan will compete in their respective weight classes in the upcoming meet for a chance to move on to the state competition March 18-19 in Corpus Christi.



Jones is ranked the highest for regionals out of the four competitors, holding the first place position in the 198 division with a personal total of 985 pounds. At the state level, she is currently ranked third. Teammate Feagan lifts in the same weight class as Jones and is tied for an eighth place regional rank with Miranda Thurman of Santo. Grantland holds a third place rank in the 97-pound weight class, falling just 35 pounds behind Community's Mireya Navas, who has a total of 535 pounds. Buckley is ranked eighth in the 220 division with a personal total of 750 pounds this season.

The four competitors will take to the lifting platforms this Saturday after a week of physical conditioning and mental preparation. The lifters will weigh in either Friday evening or Saturday morning for weight class placement. The meet will begin at 9 a.m. Saturday with the playing of the National Anthem, and following that the girls will lift on a schedule, that lasts much of the day, on the three platforms - bench, squat and dead lift - in two flights.

In the Howe meet, Jones placed first in the 198 division with her regional-rank-placing 985 pounds. Feagan followed in that weight class with a fourth place finish with a 690-pound total. In

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the 220+ division, Buckley garnered second with a total of 780 pounds, followed in the next position by her teammate Tara Howard with 580 pounds. Grantland placed second in the 105 class with 505 pounds and Brittany McCrohan earned a bronze finish in the 97-pound weight class with 405 pounds. Rounding out the places for Leonard were Taylor Brown in fifth in the 165 class, Tenasha Ballard in sixth in the 220 weight class, Allye Schiegg in seventh in the 114 class, and Michelle Daniels in eighth in the 140 class. The team earned a first place finish with 26 points, followed by Pottsboro in second with 19 points and Bells in third with 17 points. (See back page for team photo with trophy)

The Leonard boys competed in the same meet with four contenders - Jarrell Washington, Dakota Smith, Gavin Buckaloo and Cameron Adkins. Adkins placed the highest for Leonard, with a third place medal in the super heavy weight division. He lifted a total of 1005 pounds. Buckaloo finished fifth in the 275 division, Washington finished seventh in the 148 division, and Smith finished fifteenth in the 242 division. As a team, they finished sixteenth. The boys will have one more meet this coming weekend, and the results of the upcoming meet will determine who goes to the regional competition in Ponder on March 5.